Your donation of the following items will help our Support Center and PADS Shelter clients as well as those who have recently moved into their own housing.

Please call us at 708.338.1724, ext. 220 to make arrangements for delivery of your donation to Housing Forward. Thank you very much!

**Toiletry Items**
Travel-size bottles of lotion, sunscreen, shampoo and conditioner, deodorant, Q-tips, double-edged razors, foot powder, toothbrushes and toothpaste, dental floss and ear plugs.

**Linens/Bedding**
For the PADS Shelter, twin-sized flat and fitted sheets and twin-sized blankets. For our housing clients, new full-sized sheet sets and bedding, new kitchen and bathroom towels.

**Clothing (please only donate these items)**
Rain gear (e.g. ponchos), NEW socks, NEW underwear (men's, including boxers, and women's larger sizes), new white t-shirts (large and extra-large), gym shoes (new or gently used).

**Paper Goods**
Compostable Hot/cold cups, heavy-duty paper plates, napkins, paper towels and toilet paper. *We are reducing the use of paper products in our Shelters and Support facilities. However, they remain necessary in some circumstances.*

**Food/Kitchen Items**
Sugar, powdered creamer, coffee (decaffeinated), coffee filters, PowerBars, salt, pepper and large zip-lock bags.

**Over-the-counter Medications (unopened and not expired):**
Bacitracin or Polysporin ointment, hydrocortisone cream, cough drops, athlete’s foot cream or spray.

**Medical Supplies (new and unopened):**
Foot powder, Telfa (nonstick) dressings, Band-Aids, reading glasses (new or used).
Cleaning Supplies
Window cleaner, soft scrub, bathroom cleaner, non-bleach floor cleaner (e.g. Pinesol, Lysol), bleach and paper towels or rags.

Office Supplies/Equipment
USB flash drives, white or color 8 1/2 x 12" paper, pens, paper clips, AA and AAA batteries.

Other
CTA transportation passes, backpacks (adult size), water bottles, Target/Walmart gift cards, Aldi’s/Jewel/Dominick’s gift cards.

Housing Forward has been transitioning people from housing crisis to housing stability since 1992. For more information about our work to open doors, build futures, and end homelessness in west Cook County visit us online at [www.housingforward.org](http://www.housingforward.org), Facebook.com/HousingForward or Twitter @HousingForward.